

# Get Fit & Stay Healthy at Intervale Green

## Launch Party

Thursday, October 15<sup>th</sup> from 4-6 pm!

- What?** Kick-off event to share new ways to **be active** and **stay fit** in the Southern Boulevard neighborhood and at **Intervale Green!**
- Who?** Anyone who lives, works or goes to school in Crotona East/Morrisania!
- When?** Thursday, Oct 15<sup>th</sup> from 4 - 6 pm at **Intervale Green**  
1330 Intervale Avenue (b/w Freeman & Jennings Streets), The Bronx



Games, races, power walks, healthy eating tips  
and snacks, recreation guides, and more!

FREE GIVE AWAYS!!!

Water Bottles

Health and Fitness Info

Bike Maps and Bike Helmets\*

Health Bucks (to buy fruits and veggies)

And much more!

For more information, please call 718-839-1189



*\* Free helmets are available for adults and children. Kids under 18 receiving helmets must be accompanied by a parent or legal guardian.*

